PREMIUM CODE

PREMIUM IDENTITY CREATES PREMIUM BUSINESS



DAY TWO · WORKBOOK

Premium Embodiment

Seeing her is not the same as becoming her.

ONE · WHERE YOU ARE

What happened over these two days?

DAY ONE

I saw the identity pattern.

DAY TWO

I interrupted the pattern and chose differently.

> *Seeing her is not the same as becoming her.*

Yesterday you named the pattern quietly setting your level. Write it here again, in one sentence.

Where did it show up in the last twenty-four hours?

TWO · THE AUDIT

The Premium Embodiment Audit

Where are you currently? Score each from 1 (never) to 5 (constantly), then name where it happened this week. The evidence matters more than the score.

NEGOTIATING

I negotiate myself down before anyone even pushes back.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

PERMISSION

I wait for permission before I move.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

OVER-EXPLAINING

I explain and justify more than the decision requires.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

FALSE YES

I say yes when I mean no.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

OVERGIVING

I give more because I am afraid what I offer isn't enough.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

SAFETY

I choose safety over truth.

Never 1 2 3 4 5 Constantly

WHERE, SPECIFICALLY — THIS WEEK

> *Where do you already know what Premium Woman would choose?*

Your highest score is your current ceiling. Write it here:

What would change this month if that one dropped by two points?

FOUR · THE ORDER

Premium Woman doesn’t wait for proof.

THE OLD SELF SAYS	PREMIUM WOMAN SAYS
“Show me it will work, then I’ll become her.”	“This is who I am. Now I make the decision from here.”

This is embodiment.

Where am I still waiting for proof before I allow myself to operate as her?

> *Discomfort does not always mean misaligned. Sometimes it means unfamiliar.*

This doesn’t mean ignoring intuition or making reckless decisions. It means learning to distinguish truth from the urge to retreat into familiarity.

The last time I called something “misaligned” — was it actually unfamiliar?

The old identity asks:

Tick the questions your mind has raised in the last week.

- ☐ “What if nobody buys?”
- ☐ “What if they think I’m selfish?”
- ☐ “What if I lose the client?”
- ☐ “What if I’m asking for too much?”
- ☐ “What if people don’t like this version of me?”
- ☐ “What if I fail?”

> *The old identity usually doesn’t sound like fear. It sounds like reasoning and logic.*

Write the most reasonable-sounding argument your old identity is making right now:

What would Premium Woman say back to it?

SIX · THE DECISION

One premium decision.

Not seventeen action steps. One.

Not during the visualization. Not while journaling. Not when everything feels safe. *Identity is revealed at the moment of choice.*

What is the decision your old identity keeps postponing
— that Premium Woman is ready to make?

Circle the kind of decision it is:

A BOUNDARY · A PRICE · A NO · A YES · AN ASK · AN INVESTMENT · A CONVERSATION · AN OFFER · A VISIBILITY MOVE

WRITE THE DECISION IN ONE SENTENCE

I WILL MAKE IT BY

THE FIRST PERSON WHO WILL KNOW

What has postponing it already cost me?

SEVEN · EMBODIMENT

Operate as her for seven days.

Identity is not proven while you are journaling about her. Choose one standard and hold it every day this week. Mark each day you held it.

THE STANDARD I AM HOLDING

MON	TUE	WED	THU	FRI	SAT	SUN

The day it was hardest — and what the old identity wanted me to do instead:

What became normal by the end of the week?

EIGHT · THE WOMAN

The Premium Woman.

Mark the ones you actually operated as this week — not the ones you believe in.

- ☐ She doesn't become valuable when people choose her.
- ☐ She already knows her value.
- ☐ She doesn't create more sacrifice every time she receives more.
- ☐ She does not need universal approval.
- ☐ She can hold a higher standard without guilt.
- ☐ She can receive without immediately trying to earn it back.

> *You are no longer simply asking, "What would Premium Woman do?" You are beginning to become the woman making those decisions.*

The next decision she makes:

THE INVITATION

If you are ready to stop visiting this identity — and actually become her.

PREMIUM WOMAN™

The Quantum Identity Shift

Become the woman who no longer needs to work harder, prove more, or give more in order to receive at a premium level.

✦

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